



safeTALK

suicide alertness for everyone



Learn four basic steps to recognize persons with thoughts of suicide and connect them with suicide helping resources.

**This three-hour training
can help you make a difference**

What is safeTALK?

safeTALK teaches members of the community to recognize people with thoughts of suicide and to connect them to suicide first aid resources. This half-day workshop offers a carefully crafted set of helping steps and the use of creative educational processes to make it possible for attendees to leave safeTALK willing and able to be suicide alert helpers.

In only a few hours, attendees will learn how to:

- provide practical help to people with thoughts of suicide
- be a suicide alert helper
- be aware that opportunities to help a person with thoughts of suicide are sometimes missed, dismissed and avoided
- activate a suicide alert using the TALK steps (*Tell, Ask, Listen and KeepSafe*)
- connect people with thoughts of suicide to people trained in suicide intervention

Who should come to safeTALK?

safeTALK is for everyone who wants to help prevent suicide: front line workers, clergy, volunteers, parents, youth*, teachers, law enforcement...anyone who want to help with suicide prevention.

*safeTALK is for anyone age 15 and older.
Younger persons may attend with the consent of parent or guardian.

When:

Monday, September 13th 2010
1:00pm - 4:00pm
Check in 12:30pm
(workshop starts promptly at 1pm)

Where:

Skagit Valley Hospital
1415 E. Kincaid St.
Mt. Vernon, WA 98274

Directions

More Info: For additional information, please contact: Sue Eastgard at: suee@yspp.org or (206)297-5922 ext 1

Facilitator:

Sue Eastgard
YSPP Executive Director

Sponsor:

Youth Suicide Prevention Program

Clock Hours:

3 clock hours *pending* by ESD 114 &
3 CEUs by NASW - provider #1975-139

Registration:

[Register Online](#)

Cost:

\$30 online or check by mail
\$35 online after deadline; otherwise cash or check will be accepted at the door

Deadline:

Registration and payment of \$30 must be received by Monday, September 6th 2010

Mail check to:

Youth Suicide Prevention Program
444 NE Ravenna Blvd. Suite 401
Seattle, WA 98115
Attn: Raquel Reyes