



# safeTALK

*suicide alertness for everyone*



Learn four basic steps to recognize persons with thoughts of suicide and connect them with suicide helping resources.

**This three-hour training  
can help you make a difference**

## What is safeTALK?

safeTALK teaches members of the community to recognize people with thoughts of suicide and to connect them to suicide first aid resources. This half-day workshop offers a carefully crafted set of helping steps and the use of creative educational processes to make it possible for attendees to leave safeTALK willing and able to be suicide alert helpers.

**In only a few hours, attendees will learn how to:**

- provide practical help to people with thoughts of suicide
- be a suicide alert helper
- be aware that opportunities to help a person with thoughts of suicide are sometimes missed, dismissed and avoided
- activate a suicide alert using the TALK steps (*Tell, Ask, Listen and KeepSafe*)
- connect people with thoughts of suicide to people trained in suicide intervention

## Who should come to safeTALK?

safeTALK is for everyone who wants to help prevent suicide: front line workers, clergy, volunteers, parents, youth\*, teachers, law enforcement...anyone who want to help with suicide prevention.

\*safeTALK is for anyone age 15 and older.  
Younger persons may attend with the consent of parent or guardian.

### When:

Tuesday, April 13th 2010  
9:00am - 12:00pm  
Check in 8:30pm  
(workshop starts promptly at 9am)

### Where:

Healthy Families of Clallam County  
1210 East Front St., Suite C  
Port Angeles, WA 98362

### Directions

**More Info:** For additional information, please contact: Sue Eastgard at: [suee@yspp.org](mailto:suee@yspp.org) or (206)297-5922 ext 1

### Facilitator:

Sue Eastgard  
YSPP Executive Director

### Sponsor:

Youth Suicide Prevention Program

### Clock Hours:

3 clock hours *pending* by ESD 114 &  
3 CEUs by NASW - provider #1975-139

### Registration:

[Register Online](#)

### Cost:

\$30 online or check by mail  
\$35 online after deadline; otherwise cash or check will be accepted at the door

### Deadline:

Registration and payment of \$30 must be received by Tuesday, April 6th 2010

### Mail check to:

Youth Suicide Prevention Program  
444 NE Ravenna Blvd. Suite 401  
Seattle, WA 98115  
**Attn:** Raquel Reyes