

# understanding self-harm

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a workshop designed to answer:

Why are we seeing an increase in behavior?

What are the underlying reasons?

How do we differentiate self-harm  
from a suicide attempt?

How do we intervene?

How do we manage contagion?



**Facilitator:**

Sue Eastgard, MSW, Executive Director,  
Youth Suicide Prevention Program

**Date & Time:**

Wednesday, November 4th 2009  
9:00am - 12:00pm | \$60  
*\* 3 clock hours approved by ESD 123*

**Location:**

ESD 123 Offices  
Blue Mountain Room:  
3918 W. Court St.  
Pasco, WA 99301

[Directions](#)

**Registration:**

Register online at [www.yspp.org/training](http://www.yspp.org/training)

For additional information, contact Raquel:

Email: [raquel@yspp.org](mailto:raquel@yspp.org)

Phone: (206) 297-5922 ext. 114

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